# Dolphinholme CE Primary School PSHE Policy

# **MISSION STATEMENT**

'With God at the heart of everything we do,
We educate by encouraging a sense of wonder, praise and mutual respect.
We offer every child opportunities for success,
Making them confidently equipped for life's journey.'

### Intent

At Dolphinholme CE Primary School, PSHE is embedded in all that we do to enable our children to become independent, responsible, healthy and confident members of society. Our PSHE curriculum is built with the aim to support the development of the 'whole child', by helping them to understand how they are developing personally and socially as well as promoting their social, mental and physical development. Children will be able to develop the ability to tackle the moral, social and cultural issues that are part of growing up. Through our discreet lessons as well as wider cross curricular approach to teaching PSHE, children are taught how to keep themselves safe, physically and emotionally, resulting in the acquisition of knowledge and skills, which enables children to access the wider curriculum. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

# **Implementation**

At Dolphinholme, our PSHE programme of learning and wider curriculum enables children to meet the End of Key Stage Statements as set out in the Relationships Education, Relationships and Sex Education (RSE) and Health Education Guidance 2019.

Our PSHE programme is an integral part of our whole school PSHE education provision and is designed to meet the unique needs of pupils, not only through the 'Corum' Life Education SCARF scheme of work, but through our wider curriculum offer.

Dolphinholme have made the decision to follow the 'Corum' Life Education SCARF scheme of work as it is a leading provider of relationships, health, wellbeing, and drugs education delivered under the strapline 'Helping Children Make Healthy Choices'. The content of the scheme suits the needs of our school and our pupils and families.

Each year our pupils will cover 6 topic headings in an age appropriate, progressive way:

Me and my Relationships; Valuing Difference; Keeping Myself Safe; Rights and Responsibilities; Being my Best; Growing and Changing.

These topic headings are broken down into half termly units and pupils receive a stand-alone PSHE lesson each week.

Pshe is afforded a high priority in our church school and it promotes opportunities to link British Values and Social, Moral, Spiritual and Cultural (SMSC) responsibilities. Along with our broad and balanced curriculum, there are overlaps with other subjects, for example Computing (E-safety), Science (recycling, healthy bodies), PE (leading healthy active lives). Therefore, flexibility in the timetable needs to be accounted for as objectives for PSHE education will be met outside of the allocated timetable slot.

Flexibility in the timetable is also important to allow us to respond to local/national/global events that may occur and allow us to respond to any such event in an age appropriate way. Curriculum coverage complements key campaigns throughout the year, such as Anti-Bulling Week, Safer Internet Day and Mental Health Week.

## **Impact**

At Dolphinholme, we deliver the PSHE curriculum by utilising first hand experience and sharing good practice. However, we are aware that the curriculum must target the needs of our pupils. We use a PSHE programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. We believe that the purpose of PSHE education is to build, where appropriate, on the statutory guidance outlined in the Relationships Education, Relationships and Sex Education (RSE) and Health Education.

PSHE plays a vital part of primary education and as well as discrete focused lessons, it is also embedded throughout the Dolphinholme curriculum. PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community and the wider, global world.