



PHYSICAL EDUCATION

INTENT, IMPLEMENTATION, IMPACT STATEMENT

MISSION STATEMENT

‘With God at the heart of everything we do,
We educate by encouraging a sense of wonder, praise and mutual respect.
We offer every child opportunities for success,
Making them confidently equipped for life’s journey.’

Intent:

At Dolphinholme CE Primary School, we believe that physical education is vital to a pupil’s physical, social and emotional health. We understand physical education develops the children’s knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. We acknowledge the important link between a healthy lifestyle and the ability to learn effectively. We also recognise that school can play a significant role, as part of the larger community, to promote a healthier lifestyle. As a result, we aspire to improve the health of the school community by teaching ways to establish and maintain lifelong physical activity habits. At Dolphinholme, we work hard to unlock the potential of all children by ensuring that our PE curriculum is inclusive to all children. Our aim is for our children to be competent and confident in a wide range of skills through activities and games. We want children to be able to communicate, collaborate and evaluate their own learning, including success and losses. Winning and losing is an important life skill and we aim to link this to our Christian values such as respect, compassion and perseverance within games. Ultimately, we want to provide children at Dolphinholme with the knowledge and skills to develop a life-long love of physical activity, sports and exercise.

Implementation:

- In order for pupils to progress in PE we have designed our curriculum to provide challenging and enjoyable learning experiences in PE through a range of sporting activities, progressing skills throughout key stages and year groups.
- An age- appropriately designed curriculum that supports the needs of individuals, including assessing the impact of the pandemic in relation to skills and progression.
- Long term planning that sets out the PE units for the topic to ensure the skills and requirements of the National Curriculum are fully met.
- Developing competence to excel in a broad range of physical activities for

sustained periods of time.

- Consistently giving children the opportunities to learn strategies to lead a healthy and active lifestyle. Our whole school topic 'Eat Like a Champ' is revisited at the start of each year and reinforces the importance of leading a healthy and active lifestyle.
- KS1 & KS2 will have 2 hours of quality PE sessions a week which cover a range of skills, sports disciplines and character values.
- Our "well-being walk" takes place every morning to get children participating in physical activity before the day begins to encourage mental well-being.
- Young Leaders is run in school by UKS2 every Friday, REC-Y4 take part in a range of skills during break time.
- After school clubs are available to KS2 children and this is routinely changed to provide a range of sports to be accessed and a range of competitive sporting events for children to attend in the local area.
- Whole school swimming takes place allowing every year group to participate in swimming for a term a year. Ensuring that by the end of year 6 children can swim at least 25 metres.
- A good quality CPD for all staff to become competent and confident in skills, progression and character values in an area appropriate to their personal development.

Impact:

We have carefully planned and reviewed our curriculum to ensure that all the strands of PE are covered in each year group. Children will be supported in becoming confident within each of these and progress their skills and knowledge in their journey at Dolphinholme school. Our skills progression document will ensure this takes place and will ensure that our PE curriculum is consistently providing children with high quality physical activity that is engaging and fun. Our lessons encourage children to take responsibility for their own health and fitness as they understand the impact exercise has on having a healthy and happy life. We encourage our children to join after school clubs and sports clubs in the local area, many of whom take part in. We provide the opportunities for success in our lessons and we aim for children to be confident in PE, equipped with a deep knowledge of the skills they need for a healthy life's journey.